

## 06. Ensuring MDR-TB patient information and adherence counselling are key part of patient-centred care

**THE 46<sup>TH</sup> UNION  
WORLD CONFERENCE  
ON LUNG HEALTH**

CAPE TOWN, SOUTH AFRICA  
2-6 DECEMBER 2015

Thursday, 03 December 2015, 09:00 - 16:00

Room Auditorium II

Type of session	Workshop
Track	Patient-centred care
Organised by	MSF and USAID/Systems for Improved Access to Pharmaceuticals and Services and Programme
Duration	Full-day
Max attendees	150
Meeting type	Open meeting
Description	While models of TB care delivery vary, many lack counselling and education for MDR-TB patients on their treatment medications and the importance of adherence. Access to available patient support mechanisms is often neglected or minimally integrated within treatment programmes. Everyone involved in TB patient care, particularly for MDR-TB, needs the knowledge and skills to successfully design, deliver and monitor patient support provided. This workshop aims to share the existing body of knowledge and experience, while co-generating new knowledge needed to meet WHO's END-TB Strategy.
Target audience	<ol style="list-style-type: none"> <li>1. Physicians, nurses, pharmacists, community health teams, other health care providers</li> <li>2. NTP managers, donors, technical partners, NGOs, civil society</li> </ol>
Objectives	<ol style="list-style-type: none"> <li>1. Learn about patient support strategies that could be considered for integration into treatment programmes</li> <li>2. Gain an in-depth understanding of approaches to patient information and adherence counselling</li> <li>3. Identify good practices and apply patient adherence counselling techniques during interactive exercises</li> <li>4. Guide participants on ways to build and sustain systems for information and counselling</li> <li>5. Recognise that patient communication is a central clinical function in the delivery of quality TB care</li> </ol>
Expected outcome	By the end of the workshop, participants will 1) be apprised about multiple dimensions of patient information and adherence counselling; 2) learn about various tools available to support the implementation of patient-centred care; 3) develop tailored solutions based on local context and specific populations to ensure that patients are empowered to adhere to their treatment; 4) determine the need for competencies, tools and assessment methods for community workers, counsellors and support staff; 5) set up a patient support forum for continuing post-workshop discussions.
Keywords	Patient-centred MDR-TB care; adherence counselling; patient support
Coordinator(s)	Antonia Kwiecien (USA), Leigh Snyman (South Africa)
Chair(s)	Grania Brigden (France), Jennifer Hughes (South Africa)
Presentations	<ol style="list-style-type: none"> <li>1. Patient advocacy in post-Soviet states: putting patients at the centre of TB care and ensuring they get support Oxana Rucsineanu (Moldova)</li> <li>2. Considerations for patient counselling and addressing barriers to TB treatment adherence in correctional facilities Elchin Mukhtarli (Azerbaijan)</li> <li>3. Specific techniques for overcoming the challenges of adolescents adhering to TB treatment Petros Isaakidis (India)</li> <li>4. Interactive case study: palliative care as an essential part of DR-TB care Leigh Snyman (South Africa)</li> <li>5. A comprehensive patient support intervention to improve adherence to DR-TB treatment Leigh Snyman (South Africa), Beko ()</li> <li>6. The challenges of maintaining adherence in DR-TB patients with hearing loss: a personal perspective Phumeza Tisile (South Africa)</li> <li>7. Strengthening medication counselling and adherence support for DR-TB patients Antonia Kwiecien (USA)</li> <li>8. Interactive session: different populations and geographical settings - tailoring patient support to meet local needs Saar Baert (South Africa)</li> </ol>