

## 31. High burden, neglected patients: addressing the intersection of tuberculosis and mental disorders

**THE 46<sup>TH</sup> UNION  
WORLD CONFERENCE  
ON LUNG HEALTH**

CAPE TOWN, SOUTH AFRICA  
2-6 DECEMBER 2015

Saturday, 05 December 2015, 10:30 - 12:00

Room MR 2.64-2.66

Type of session	Symposium
Track	TB and diabetes/TB and other non-HIV comorbidities
Track2 (optional)	TB in vulnerable and special populations
Description	Mental illnesses such as depression and post-traumatic stress disorder (PTSD), and substance use disorders such as alcohol and opioid dependence, are strongly associated with TB. Affected populations are often at higher risk for TB infection and these disorders undermine TB care and often result in poor outcomes. Despite this fact, attention to mental disorders is often overlooked in TB programmes. This symposium will highlight the burden of mental disorders comorbid with TB, present evidence of successful interventions and serve as a call to action to integrate attention to these disorders into TB programmes.
Target audience	<ol style="list-style-type: none"> <li>1. TB programme implementers</li> <li>2. Government policymakers and advocates concerned with improving TB control efforts</li> <li>3. Researchers studying effective strategies to manage TB and its comorbidities</li> </ol>
Objectives	<ol style="list-style-type: none"> <li>1. To provide an overview of the epidemiology of mental disorders associated with tuberculosis</li> <li>2. To provide evidence of successful interventions to address these comorbidities</li> <li>3. To highlight research gaps in developing best practices</li> <li>4. To highlight programmatic gaps in integrating attention to mental disorders into TB programmes</li> </ol>
Keywords	Mental health; research; implementation
Coordinator(s)	Adam Karpati (USA)
Chair(s)	Knut Lonroth (Switzerland)
Presentations	<p><b>10:30 - 10:40</b> Understanding and addressing the link between depression and TB treatment Aneeta Pasha (Pakistan)</p> <p><b>10:45 - 10:55</b> Depression and other mental illnesses: silent drivers of the TB epidemic Sweetland Annika (USA)</p> <p><b>11:00 - 11:10</b> Sustainability of motivational counseling: Integrated Management of Physician-delivered Alcohol Care for TB patients (IMPACT) trial, Tomsk, Russia Viktoriya Livchits (Russian Federation)</p> <p><b>11:15 - 11:25</b> Identification and management of alcohol use disorders in TB and HIV patients Trini Mathew (USA)</p> <p><b>11:30 - 11:40</b> Complex co-morbidities and chaotic lives: TB control on the street Alistair Story (UK)</p> <p><b>11:45 - 12:00</b> Discussion</p>